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Letter to the Editor, "Assessment of mercury exposure in human populations: A status report from Augusta Bay (southern Italy)"

We carefully read comments from SMI Mortazavi, Ghazal Mortazavi and Maryam Paknahad about our article (Bonsignore et al., 2016) published in Environmental Research (doi:10.1016/j. envres.2016.01.016). Mortazavi et al. underlined that the absence of a specific evaluation of the dental amalgam fillings on the Hg concentration in blood, hair and urine of the studied human population could affect the accuracy of the findings in a negative way. Actually, the inhalation of elementary mercury (Hg°) and the ingestion of methylmercury (MeHg), mainly through a seafood diet, are the most important sources of human exposure to mercury (WHO, 1990, 1991, 2003). Generally, among non-occupational exposure and in industrialized countries, Hg° released from dental amalgam fillings is a major source of mercury in human population (Clarkson, 2002; Apostoli et al., 2002), resulting in an impact on [Hg] in human biological media, primarily in urine (WHO, 1997). This is the reason why urinary mercury measurements are widely used for assessment of exposure to inorganic Hg (mainly Hg°) in humans (Barregard, 1993, 2006).

In the first step of our investigation, we have considered the presence of many confusing factors, including the presence and the number of those amalgam fillings on the levels of Hg on the different biomarkers (hair, blood and urine). Nevertheless, when included in the multiple regression analysis, the "presence/absence of dental amalgams" resulted definitively meaningless from a statistical point of view (p »0.05) and, therefore, unnecessary in terms of reliable interpretation of the outcomes. Moreover, the lack of any considerable [Hg] anomalies in the urine samples demonstrated the absence of significant and alternative sources of Hg in the form of IHg. That, reasonably, supported the decision to rule out the presence of amalgams and other specific minor confusing factors from our evaluation of Hg exposures in the studied system and, consequently, to focus our data analysis on the more statistically reliable and accurate study of the impacts of organic mercury and associated pathways on the investigated population.

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